APRIL 2024



PRINCIPAL

David Williams

VICE-PRINCIPAL

Elaine Ricketts

SUPERINTENDENT

Kandeephan Ganeshalingam

TRUSTEE

Ron Lynn

School Day Schedule

8:45 am Entry

8:55-10:35

Learning Block

10:35 - 11:05

Recess

11:05-12:45

Learning Block

12:45-1:45

Lunch

1:45-3:25

Learning Block

3:25 pm

Dismissal

The Stonebridge Story

Website: http://www.yrdsb.ca/schools/stonebridge.ps

Email: Stonebridge.ps@yrdsb.ca

Follow us on twitter: @StonebridgePS

Message from our Administrators

Dear Stonebridge Families,

Welcome Spring! We experienced some wintery weather but spring has actually sprung. We are looking forward to the warmer weather where we can enjoy our spring activities.

Thank you to all our families that helped their child vote on a movie for our movie night. Migration was the movie of choice and we held our movie night on March 28th. We had a great turnout and students had a wonderful time as they always enjoy gathering at school for social events outside regular school hours. Thank you for making it a success and we hope to see you at the next movie night. Stay tuned for details.

We are in the midst of preparing for our upcoming school year beginning September 2024. We continue to accept Kindergarten registrations. If you know of a family who would like to register their child for Kindergarten or any other grade at Stonebridge, please ask them to contact our school office at 905-887-2427 for information on how to register. Similarly, if your family plans to move and your child(ren) will not be attending Stonebridge in September, it would be very helpful if you would share this information with us so that we can plan accordingly.

The Stonebridge School Council is hosting a Science and Technology Fair on Thursday, April 18, 2024 at 6:30pm. Everyone is welcome to come and see the exciting exhibits created by our very own students! Admission is FREE and no registration is required. We hope to see you there, supporting our students!

We appreciate your partnership in your child's education.

David Williams Elaine Ricketts

Principal Vice-Principal

Summer Institute Registration

Looking for summer learning and fun activities for students entering Senior Kindergarten to Grade 8? Summer Institute offers academic, recreational and athletic programs and activities with intentional links to the Ontario Curriculum.

The program runs for six weeks during July and August. It is offered at nine school sites around York Region.

For more information on dates, programs and locations, please visit the <u>Summer Institute</u> <u>webpage</u>.

Registration opens March 27, 2024, at 4:00 p.m. Families can register online.

Supports for Student with Autism and their Families

Students with Autism and their Families are invited to an in-person support session on May 1, 2024.

This session will support parents, guardians and families with:

- Understanding Autism
- Process for diagnosis
- YRDSB referral process
- School supports
- Community resources

Date: Wednesday, May 1, 2024

Time: 6:30 p.m. – 8:30 p.m.

Location: Unionville High School, 201 Town Centre Blvd, Markham, ON L3R 8G5

Please register by Apr. 28, 2024.

This free information session is organized by Inclusive School and Community Services in partnership with Student Services of York Region District School Board. For more information, please mail shani.blake@yrdsb.ca or pauline.guo@yrdsb.ca

Please note that Childcare will not be provided.





Korean Community Engagement Night

Connect with experienced Korean educators to ensure effective support for your child's academic journey and future success.

자녀들의 성공적인 학교생활과 진로를 위해 현직에 계신 한국인 선생님들을 만나보세요

Presented jointly by NEKS, and CCSYR Settlement and Education Partnership in York Region, this event offers valuable insights into YRDSB's diverse programs. Parents and families of Korean students are invited to join us for an informative session where they can learn how to help their child be successful in Ontario's education system.

NEKS(한인 학생들을 교육하는 교육자 모임)과 York Region 학교 정착 프로그램과 공동 주최하고 갤러리아가 후원 하여 한인 학생들의 학부모를 대상으로 하는 캐나다 공립학교시스템의 다양한 프로그램 안내 및 질의 용답할 수 있는 자리를 마련하였습니다.

Date: April II, 2024

Time: 6PM - 8PM

Location: Thornbill S.S.

167 Dudley Avenue, Thornhill

Registration: Enrolment limited to first 100 registrants

온라인 등록 선착순 100명

*Registrations end on April 8th (등록마감일 4월8일)

Workshop Topics:

- Opportunities and Pathways after High School (고등학교 이후의 기회와 진로): Learn about different pathway
 opportunities after high school. What career opportunities are there? How do we prepare our students for life
 after high school?
- Transitioning into High School (고등학교 진학-고등학교의 다양한 프로그램 및 성공 팀): Learn about different programs at YRDSB schools. What are some tips for being successful in high school?
- Special Education (특수교육 및 학생자원): Learn about special education and Individualized Education Plans.
 How can students who are struggling in school be supported?

For additional inquiries, please contact (문의사항) jaeyeon.kwak@yrdsb.ca







PARENT COUNCIL STONEBRIDGE PS
Presents

SCIENCE & TECHNOLOGY FAIR

WHEN: APRIL 18, 2024

WHERE: GYM, STONEBRIDGE PS

TIME: 6:30 - 8:00 P.M.

(SET UP TIME 5:30 - 6:30 P.M.)



REGISTRATION DEADLINE

APRIL 2, 2024

REGISTER ONLINE

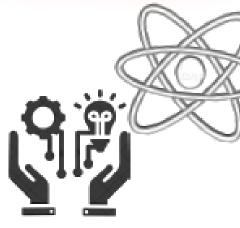
http://tinyurl.com/ScienceFairRegistrationForm



SCAN OR CODE TO REGISTER ONLINE

Students - Parents - Guardians Come & See Our Future Scientists in Action







Y4MA - Intermediate Math Olympics

The Intermediate Math Olympics is a competition for students in grades 7 and 8. It offers students the chance to work on rich mathematics problems as a group, in pairs, and individually. Each school is invited to send one team to compete. Newcomers are very welcome – no prior experience needed!

Event Date: April 25, 2024

Times:

Team arrival and registration: 3:45 – 4:15 p.m. Welcome and Competition: 4:15 - 6:30 p.m.

Dinner: 6:45 – 7:45 p.m. Awards: 7:45 – 8:00 p.m.

Location:

Thornhill Secondary School – 167 Dudley Street. Thornhill. (East off Yonge Street, South of Hwy 407)

Team Details:

Grades 7 and 8 students are invited to participate in Y4MA's Intermediate Math Olympics. Schools can submit ONE team, consisting of 2 grade 7 students and 2 grade 8 students. No substitutes will be allowed. A teacher must be in attendance. Parents are welcome to attend. Schools will be responsible for their own transportation to and from Thornhill S.S. Teachers and parents will be asked to remain in the cafeteria during the competition.

Competition Details:

There will be three equally weighted stations as follows:

Each team of 4 will be engaged in solving a rich mathematics problem together in the team event;

Each team will split into two pairs (composed of a grade 7 student and a grade 8 student in each pair), to complete short answer questions; and

Students will work individually on a series of questions.

Students will need to bring pencils, erasers, ruler and a scientific calculator

Sample questions are available at the BOTTOM of this webpage (Scroll all the way down):

https://www.oame.on.ca/main/index.php?lang=en&code=omo#bot

Registration and Fee:

Schools may initially submit the Google registration form without team members' names listed. However, completed registration with team members listed must be received by end of the day FRIDAY, APRIL 5th. Spaces are limited due to fire regulations. Teachers are encouraged to have team selection completed in advance of the final deadline. **Special Note: Teams may not compete in more than one regional (Y4MA, SAME, TEAMS, CHAMPS, etc.) competition.

Only one team from each school can be entered into the competition. https://forms.gle/Wr8AB4iPvTVZagXbq

The fee covers the costs of the competition, snacks and pizza for dinner. Please forward a cheque* for \$50 payable to "York 4 Math Association – Intermediate Math Olympics" to:

Rosey Mastrofrancesco, Vice-Principal, Thornhill Secondary School 167 Dudley Street, Thornhill, ON. L3T 2E5 By YRDSB/YCDSB courier or Canada Post.

Please include the contact email address with the cheque for the receipt as it will be sent via email.





Student Mental Health and Addictions Newsletter April 2024

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

Connection between Physical and Mental Health

Dear Families and Caregivers,

This edition focuses on the important relationship between our physical and mental health. Much in the same way we all have physical health, we also all have mental health. Our physical health and mental health are connected to one another in numerous ways. Maintaining good physical health can have a positive impact on our mental health. For example, a consistent exercise routine may benefit your heart or muscles and it may also help you relieve stress, tension and may even help to boost your mood. As a result, you may even feel more likely to socialize and connect with your families, social circles, and faith or cultural groups. Similarly, maintaining good mental health can have a positive impact on your physical health. When your mental health is good, you may be more likely to eat well, exercise, and take care of yourself etc.

We encourage you to think of small strategies you can incorporate into your daily routine to maintain your physical and mental health. For example, you might choose to go on a short walk, practice gentle stretching, or practice guided imagery to promote good physical and mental health. Each person will have different strategies and that is ok. No matter what strategy you choose to employ, it should feel right for you.



YRDSB Mental Health

World Mental Health Day

As we approach World Mental Health Day on April 17, 2024, it is important to understand the significance of caring for our mental health and well-being through a comprehensive and community-oriented approach. This approach emphasizes self-awareness and understanding the impact of stress on our mental and physical health. By fostering an environment that encourages feelings of mattering and belonging, we not only enhance the well-being of children and youth but also strengthen our own support networks, and promote mentally healthy environments.

World Mental Health Day serves as a crucial reminder of the importance of prioritizing mental health and well-being in our lives. As we mark this day, let us commit to integrating daily mental health resources into our routines, thereby fostering mentally healthy spaces. On this World Mental Health Day, we encourage our school community to explore and adopt some of the <u>Grab and Go Resources</u> from SMHO, tailored for students.

We also want to bring your attention to May's <u>Children's Mental Health Awareness</u>

week. The YRDSB Central mental health team has created the following <u>toolkit</u>

calendar full of caregiver presentations to join from home, and activities to do

throughout the month of may. This is a living document so there are more offerings
to come, stay tuned to our May newsletter for more!

Supportive Resources

Mental Health Resources in York Region.

YorkHills Here to Help Line (905-503-9561)

The Here to Help Line is a free service available to children/youth (0-18 years) and their parents/caregiver/adult supporters. Monday to Thursday from 2:00pm-7:00p.m.

Family Services York Region (905-895-2371)

Virtual walk in is offered on a first come, first serve basis. It can be accessed once per month. Virtual appointments can be 15 minutes to 1.5 hours long depending on



YRDSB Mental Health

needs. Monday, Tuesday, Thursdays from 10:00 a.m. to 5:00 p.m.

CMHA BounceBack Ontario

Do you feel that maybe you could benefit from some support? BounceBack® provides resources to support learning new skills, including a trained coach who can provide up to six telephone sessions. BounceBack Coaching is available through the provincial Ontario Structured Psychotherapy program. Offered to youth aged 15-17 and adults 18+.

YRDSB Mental Health Resource Page

Continue to check out the <u>YRDSB website</u> for updated information as well as the Twitter account <u>@YRDSB</u>

Follow YRDSB Mental Health on Twitter @MH_YRDSB

Community Mental Health Events Students

York Services Support Network

Weliness Recovery Action Plan (WRAP)

Kerry's Place Autism Services

Services & Supports – Events

Caregivers

Yorkhills Centre for Children, Youth and Families

- Mon, Apr 8, 2024 6:30 PM 8:30 PM Triple P Seminar #1 The Power of Positive Parenting
- Mon, Apr 15, 2024 6:30 PM 8:30 PM <u>Triple P Seminar #2 Raising Confident</u> Competent Children
- Wed, Apr 17, 2024 6:30 PM 8:00 PM Learning To Pay Attention
- Mon, Apr 22, 2024 6:30 PM 8:30 PM Triple P Seminar #3 Raising Resilient Children
- Tue, Apr 23, 2024 6:30 PM 8:30 PM <u>Understanding and Managing Sensory</u> Sensitivity with ASD

Family Services York Region

- Free To Be
 - Third Monday of Each Month, 6:30 pm 8:00 pm
 - This is a free virtual group for parents/caregivers of gender diverse children, regardless of age which meets once a month. Free to Be offers



YRDSB Mental Health

an opportunity to meet for support and education. The goal of this program is to destigmatize gender diversity

Kinark Autism Services

Upcoming Events- Child, Youth & Family Autism Programs in Ontario I.

PFlag

- Coffee Night, held every second Monday of the month, is a safe space where members of the LGBTQ2 community, their friends, family or allies can come together.
- Online Registration

This edition of the newsletter was written by the Student Mental Health and Addictions Strategy Implementation Team 2023-2024, inclusive of YRDSB School Social Workers Ruth Damdar, Kymani Spence, Peter Reid and Kate Phillips.

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DANCE COMPETITION

OUR GOAL: To create a forum for students to get together, perform, compete, share and grow from and with each other.

DATE: Wednesday May 22, 2024

Time: 10:00am - 2:00pm

Venue: Richmond Green S.S.

Address: 1 William F. Bell Pkway

Richmondhill, Ont.

Open to Step Teams & Dance Troupes from Grades 7 to 12

Levels of Competition:
 Intermediate and Senior Divisions

Music can be REB, Soul, Hip Hop, Pop South Asian, Latin, Soca and Reggae

Registration Deadline: April 2, 2024

For registration forms or more information, please contact Charlene Miller (Beckett Farm P.S.) charlene.miller@yrdsb.ca





Calling all Superstars ages 6 to 21 years:

Singers - Dancers - Instrumentalists Actors - Magicians - Comedians & more! Performing Solo or as a Group AUG 16 TO SEPT 2 2024
LET'S GO TO THE EXI THEEX.COM

Toronto, Ontario

Audition deadline is May 24, 2024

To Learn More, Call: 416.263.3807 or visit The Ex.com Apply Now at www.TheEx.com/contests/rising-star/

Canadian National Exhibition: August 16- September 2, 2024



CAMP DATES: SATURDAY, MAY 25TH TO SATURDAY, JUNE 1ST, 2024.

Learners & Lovers of the ArtsQ

APPLY NOW!



Arts Camp 2024 is now accepting applications for CAMPERS!!

More info can be found in the <u>information package</u> and on the <u>application form</u>.

Links for information package and application form.



For location & registration details, visit our website.





Stonebridge Public School

STEAM & Sports Camp

We offer diverse activities, including sports, recreational arts and crafts, and S.T.E.M.

Join us for a summer of fun, friendship, and learning!

- Science Experiments
- · Design Challenges
- Team-Building Activities

S.T.E.M: science, technology, engineering, and mathematics

Times

Regular

9 AM - 4 PM

Before Care

8 AM - 9 AM

After Care

4 PM - 5 PM

YRES offers every camper a free half-day!

Contact (416)-475-6622 info@yorkeducation.ca | yorkeducation.org/summercamp

Scan & Register





Showcase your public speaking skills!





Make an impact in your community!

August 18, 2024 | 9:30AM to 12:00PM Fairview Library Theatre

Register for the preliminary round before MARCH 20, 2024 here: https://www.uplustoastmasters.ca/regionalspeechcontest



Kindergarten Registration 2024-2025



Kindergarten registration for September 2024 has begun for the 2024-2025 school year. Children who turn four or five years old during 2024, live within the school boundary and whose parents/guardians are public school tax supporters will be eligible to register for Kindergarten.

There are several ways you can register for Kindergarten:

- **Online** Families can access the online Kindergarten registration information at www.yrdsb.ca/kindergarten. It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration.
- **By email** Families can download the <u>Elementary School Registration Form</u> at <u>www.yrdsb.ca/Kindergarten</u> and email the completed form to their school email address. Email addresses can be found on the school website.
- **By phone** Families can request support from the school Principal/Vice-Principal to complete the registration form on their behalf by collecting the required information by phone. Families can request an interpreter, if needed, during this phone conversation. Call your local school.
- **By mail or appointment**. You can mail completed applications to the school, or request an appointment to drop-off your completed paper application form. Families are asked to follow all school COVID-19 protocols while on site.

Once you have completed your application, the school will contact you to make an appointment to review and verify the <u>required documents</u>.

Our Kindergarten programs are caring and welcoming where children learn through exploration, play and inquiry. You can learn more at www.yrdsb.ca/Kindergarten. We look forward to welcoming our new students and families to the school.

Hello Silver Wolves, Spirit Wear is here!!!



http://stonebridgeps.entripyshops.com/

Our Spirit Wear will be available for order online through the above link.

Delivery to your home!

You have the ability to customize your order with colour and lettering!

Order now!! Proceeds to support the school!!

Link: https://stonebridgeps.entripyshops.com/

Report Absences or Late

If your child is going to be absent/late, please report via Edsby before the bell time. If you do not have an Edsby account or need help with setting it up, please contact the office @ **905-887-2427**.

TO REPORT A STUDENT ABSENCE/LATE:

LOGIN TO: yrdsb.edsby.com / CALL 905.887.2427

Nut & Scent Free Environment

This is a reminder that many students and staff have life threatening allergies to nuts. As a result, we ask that all snacks and lunches are nut free. Please take the time to read the labels on snacks to ensure they are nut safe. We also ask that you do not use peanut butter substitutes such as Wow Butter. **Nutella is a nut product and must not come to school.**





The chemicals used in scented products can make some people sick, especially those with fragrance sensitivities, asthma, allergies and other medical conditions. To help keep the air healthy for everyone, our school has a scent-free policy.